

Dan holds a master's degree in Clinical Mental Health Counseling from Portland State University. He has worked in community mental health agencies in California, Connecticut, and Oregon and has been part of multidisciplinary teams working alongside other counselors, harm-reduction specialists, housing specialists, medical case managers, nurses, and prescribers. Dan has transitioned to private practice in San Francisco, California, focusing on helping people to build loving relationships and heal from trauma. He also mentors fellow therapists in the wisdom of Relational Neuroscience.

Dan says, "I was drawn to the counseling profession by a strong desire to help reduce the suffering in this world. Initially, it was hard for me to sit with the pain of others and feel like what I could offer was enough. While I believed in the inherent tendency in all living things to grow and heal, the amount of pain in the world and the multiple ways we all experience trauma felt overwhelming.

"In 2014, I began immersing myself in Interpersonal Neurobiology and Relational Neuroscience. The wisdom it offers helped ground me in my belief that every person has a tendency towards healing. Over time, this has allowed me to be less consumed by the suffering in the world and more attentive to providing the support that awakens the healing wisdom in each person. The more I'm able to embody these deep truths about who we are as human beings, the more I've found a greater sense of peace and acceptance in almost every area of life. This lets me be more present in the room with everyone who comes seeking relief from their suffering."